



Treatment Information and Post Treatment Instructions Dermal Fillers

How does the treatment work?

The Dermal Filler is injected in small amounts underneath the skin with a small needle to fill in creases, lines, wrinkles, folds and other areas of volume loss. To maximize comfort during treatment, an anesthetic topical cream or anesthetic block may be administered prior to treatment as recommended by the physician.

How many treatments are required?

Many patients are satisfied with results after their initial treatment. However, multiple treatments may be necessary to optimize results especially in deeper wrinkles, folds, creases or areas of large volume loss. Two to four weeks after the first treatment is administered, a touch-up treatment may be required to achieve the desired results. The treatment wears off after 6 -12 months for hyaluronic acid products (i.e. Juvederm or Restylane).

Are they safe?

Restylane® and Juvederm™ are safe products because hyaluronic acid occurs naturally in the body and therefore dissolves naturally in the body's tissues. All products used in this Dermal Filler application are FDA approved brand name and are clinically proven for dermal implantation.

Are there any possible side effects?

Possible side effects include swelling, redness and, in some cases, bruising. Bruising is more prevalent in older patients, patients on blood thinners or patients who take diet supplements including amphetamines or high doses of vitamin E. Generally these side effects disappear within a couple of days. These potential side effects are non-threatening to the outcome of the procedure. If these side effects are present treat the area with an ice pack to reduce swelling. Do not manipulate the areas treated with hands or fingers allow the area to heal properly.

Will there be any downtime?

There is generally no downtime other than mild swelling, redness or bruising. If treating around the lips for smoker's lines refrain from smoking, puckering lips or sipping beverages through a straw. If lips are treated for volume avoid puckering lips, sipping drinks through a straw or speaking for long periods of time for 48 hours after application. Do not rub or massage areas where product has been applied for 48 hours. The treatment session takes about thirty minutes to perform.

How soon will results appear?

Your results may be immediate, but may appear after any swelling diminishes typically 48 hours.

What are the results?

The final result leaves facial features with decreased wrinkle appearance, filled in creases, plumper lips, decreased marionette lines, decreased smile line appearance and decreased nasolabial fold appearance equating to a healthy, youthful and fuller looking dermal appearance. For some patients results are immediate, most cases in 48 hours you should have full results.

What can be expected post-treatment?

On some occasions, there is slight redness, swelling or bruising. This temporary discomfort lasts two or three days. Your normal daily routine can be resumed immediately. Avoid strenuous exercise for the first 48 hours if excessive swelling or bruising is present.

How long does Juvederm™ last?

Fillers last six to twelve months. Factors such as age, skin type and daily activities can influence how long the results last. Hyaluronic acid is a water binding molecule as you continue with subsequent filler treatments in the future you will begin to notice your product lasting longer and longer as water molecules will already be present in treated area.

Is additional treatment necessary?

Additional treatment is necessary to keep the volume. In six months, the hyaluronic acid will begin to fade, and new treatment can be injected to maintain the desired results. By twelve months the product will have depleted completely.

Instructions for before treatment:

Before treatment, carefully read the consent for and sign. Be sure to tell your doctor or nurse about any allergies you have to foods, medicines or environmental elements. Discuss any serious medical conditions and medications you are currently taking. Be sure to advise your physician if you have experienced cold sores or fever blisters in the past. A prescription may be administered prior to injections to avoid an outbreak. Carefully follow any instructions given to you.

Instructions for after treatment:

Clients can resume normal activities immediately following treatment. Slight redness and swelling may occur. Ice packs can be applied to reduce swelling. Lips and facial areas treated maybe slightly sore for up to 48 hours after treatment. Try not to touch areas or apply make up for 24 hours after injections to allow sites to heal. In very rare cases redness, swelling or bruising worsens please feel free to **contact Dr. Semone Rochlin at (602)653-0540 with any question or concerns.**