



## **POST OPERATIVE INSTRUCTIONS FOR BREAST AUGMENTATION PATIENT**

### **1<sup>st</sup> Day Following Surgery**

1. Continue to take your antibiotics, one per day, until the prescription has been completed.
2. Resume showers tomorrow (second day following surgery), but no tub baths for (1) one month. No further gauze is needed in the armpits after the second day.
3. Prior to showering each day, pour hydrogen peroxide into the armpits for 5 seconds to soak this area.
4. No shaving or deodorant for the first week (deodorant soap is okay).
5. Bra placed today should be worn day and night for one week.
6. Strap provided should be worn AT NIGHT (1-2 inches above the nipple/areola complex) over the bra for 1st month.
7. No mouth to nipple contact for (3) three months (this can cause infection).
8. Do not raise your arms greater than 90 degrees.